Programs and Activities in Côte Saint-Luc

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Join the **Telephone Broadcasting Service** for content by phone every weekday at 2pm.
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**Wednesday, April 22  5pm – 6pm**
**Online Zumba with Elena**
www.zoom.us/j/699567443

**Thursday, April 23  5:30pm – 6:30pm**
**Online High Energy Interval Training with Candie**
www.zoom.us/j/707634483

**Friday, April 24  10:30am – 11:30am**
**Online Tone and Sculpt with Elena**
www.zoom.us/j/577332500

**Wednesday, April 22  2pm – 3:30pm**
Mayor Mitchell Brownstein and Artistic Director Anisa Cameron talk about the history of the CSL Dramatic Society and about theatre during the time of a pandemic.

**Thursday, April 23  2pm – 3:30pm**
Claire Holden Rothman presents her latest book Lear’s Shadow, winner of the 2019 Vine Prize.

**Friday, April 24  2pm – 3:30pm**
- **A Musical Moment with Farah Mohammed**
- Côte Saint-Luc librarians
- **Lockdown Viewing with Steven Tomlinson**

**Monday, April 27  2pm – 3:30pm**
Michael Carin presents his book Churchill at Munich.

**Tuesday, April 28  2pm – 3:30pm**
Programming TBA

**Wednesday, April 29  2pm – 3:30pm**
Programming TBA

**Monday, April 27  5pm – 6pm**
Online Zumba with Elena
www.zoom.us/j/699567443

**Tuesday, April 28  12pm – 1pm**
**Online Yoga with Eva**
www.zoom.us/j/593129034
5:30pm – 6:30pm
**Online High Energy Interval Training with Candie**
www.zoom.us/j/707634483

**Wednesday, April 29  10am – 11am**
Online Essentrics with Candie
www.zoom.us/j/785883407

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Sunday, April 26 10am – 11am
Online Kickboxing with Candie
www.zoom.us/j/785883407

Monday, April 27 5pm – 6pm
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www.zoom.us/j/699567443

Tuesday, April 28 12pm – 1pm
Online Yoga with Eva
www.zoom.us/j/593129034

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