Programs and Activities in Côte Saint-Luc

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Join the Telephone Broadcasting Service for content by phone every weekday at 2pm.
To listen: call 438-809-7799, then when prompted, press 500 514 054 # #.

Wednesday, April 29 2pm – 3:30pm
• Eva Stachniak presents her book *The Chosen Maiden*
• Cindy Bassel-Brown, nutritionist, CSL masters coach and deep water exercise coach

Thursday, April 30 2pm – 3:30pm
• Steven Tomlinson presents *Let’s Talk Movies: The Future of Movie Theatres*
• Old Time Radio: Dean Martin and Jerry Lewis with guest Henry Fonda

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Join in on Zoom

Wednesday, April 29
10am – 11am
Online Essentrics with Candie www.zoom.us/j/785883407
11am – 11:30am
Virtual Storytime
To register for virtual children and teen events, complete the form at csllibrary.org/childrensprograms
1:30pm – 2:30pm
Gentle, Young at Heart GROOVE with Diane www.zoom.us/j/9533810599
5pm – 6pm
Online Zumba with Elena www.zoom.us/j/699567443

Thursday, April 30
11am – 12pm
Online Yoga with Eva www.zoom.us/j/593129034
11am – 12:30pm
Côte Saint-Luc Art Hive www.zoom.us/j/95344531042
3pm – 5pm
QuaranTeen Virtual Movie Hangout
For teens 13 to 17. To register for virtual children and teen events, complete the form at csllibrary.org/childrensprograms
5:30pm – 6:30pm
High Energy Interval Training with Candie www.zoom.us/j/707634483

Friday, May 1 2pm – 3:30pm
• A Musical Moment with Farah Mohammed
• Book-talking with Danielle Bélanger
• Lockdown Viewing with Steven Tomlinson

Friday, May 1 10:30am – 11:30am
Online Tone and Sculpt with Elena www.zoom.us/j/577332500
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