COVID-19

Information to owners and residents of multi-unit residential buildings

COVID-19 is spreading in all areas on the island of Montréal. To stop the spread of the virus, owners of residential buildings must put in place the following measures:

1. Clean and disinfect every day, and every 2 to 4 hours if possible, shared spaces (e.g. lobby, hallways):
   - doorknobs
   - elevator buttons
   - all other surfaces in common areas

2. No visitors
   - Exception: emergency repairs or humanitarian reasons (essential care, end-of-life situations, visits to a new mom, etc.)
     - NOTE: No exceptions for people who have returned from travelling abroad less than 14 days ago or who have symptoms of COVID-19.

3. No gatherings
   - No visits to other apartments

4. Delivery of food or other items only to the lobby
   - No delivery person should walk around in hallways

REMININDER for the population

Mandatory isolation for 14 days
- Anyone returning from travelling abroad
- Anyone who has the virus
- Anyone who has been in close contact with someone who has COVID-19

People aged 70 years and older should stay home, unless absolutely necessary.

All citizens must follow these hygiene measures:

- Cough into your elbow
- Throw away your tissues
- Wash your hands

Masks are not an effective protective measure for the general population. Rather, masks are recommended for patients suspected of being infected and their healthcare providers.

If you have questions or concerns about COVID-19, call 514-644-4545